

AKR OPEN KARATE INTERNATIONAL Invitational

Saturday, June 7, 2025
Competition Starts at 9:00 am

Over 15 WKF and PKF International License Referees and Judges will attend!!

Member USA-NKF



Attention:

The following rules will be
Applied: USA-NKF rules and
WKF for the Advanced
competitors

****All competitors under 9 years of age and
below will receive a competition spirit
award.****

Tournament Location:

The Village Academy School
Main High School Gym, Building B
13051 Whittington Dr., Houston, TX 77077

Hosted by: **AKR JAPAN KARATE-DO SCHOOL**

Director: Shihan Raul Shelton

Sensei Olga: 281-460-0301

Sensei Lisy: 281-460-3420

Email: rshelton@usashelco.com

Email: arengokai@gmail.com

Spectator Fees:

Adults: \$10.00
Pay at the Door
Under 4: FREE

**WHEN FLYING INTO HOUSTON, YOU CAN USE EITHER AIRPORT: BUSH (IAH) OR HOBBY (HOU), IS
PRETTY MUCH THE SAME DISTANCE. (~20 to 25 MINUTES) TO THE HOTEL.**



AKR OPEN KARATE INTERNATIONAL INVITATIONAL

Saturday, JUNE 7, 2025 at 9:00 A.M.

The Village Academy

**13051 Whittington Dr., High School Gym, building B
Houston, TX, 77077**

Latest Rules WKF/USANKF will apply.

This is a Pre-Registration event ONLY!

Registration ENDS on June 5 at 12:00 PM (CST)

Proper Attire: Competitors must wear a white, clean karate uniform. No rolled cuffs.

Required Equipment:

Karate foam fist-guard Blue/Red/ and white foam foot gear and shin guards, mouth piece, groin cup (male), chest protectors (male/female) (optional). Head gear (OPTIONAL) for children under 12 years old.

Referee Attire: Grey pants, white shirt, navy blue jacket, and official tie.

Coaches Attire: Dojo Warm-ups with jacket zipped, showing their Coach Credentials and Tennis Shoes.

Medal Awards: 4 places in all kata and all kumite divisions. First Places of **Advanced** divisions will receive medals and **CASH** prizes.

All children 9 years and under will receive awards.

There will be NO REFUNDS.

Tournament Fees:

1 or 2 Events:	\$85.00
Additional Events:	\$25.00
Team Kata (10-15)(M/F Mix):	\$90.00/team
Team Kata (16-UP)(M/F Mix):	\$90.00/team
(Team Kata will be 3 person Team)	

Spectator Fee:

Adults:	\$10.00
Children under 4:	FREE

All Competitors must register On-line.

There will not be any registrations done at the door.
All entries are final. No refunds.

Any questions please contact:

**AKR Japan Karate-Do School
Phone: 281-460-0301 Olga Shelton
Phone: 281-460-3420 Lisy Gressett**

Competition Categories:

- Kata
- Kumite
- Team Kata

Schedule of Competition:

1 st Door Registration Check-In:	8:00 am
Staging Begins:	8:30 am
Officials Meeting:	8:30 am
Tournament Begins:	9:00 am

Children Categories **4 yrs. and OLDER** will compete in the morning starting at 9:00 am. All **Advanced** categories will start at 9:30 am; Adults categories will start at 11:30 am, beginning with Kata and continuing with Kumite.
First Kata & Kumite will follow. **(All Ages)**

Categories:

First Timers* (10, 9 Kyu) **0-4 months training!!**
Beginners (10, 9, 8, 7 Kyu) 5-12 months training
Novice (6, 5, 4 Kyu) 1-2 years of training
Intermediate (3, 2, 1 Kyu) 3-4 yrs. training
Advanced (Black Belts) +4 yrs. Training

Age Categories:

4 - 5	(Combined M/F) (Split if 5 or more)
6 - 7	(Male/Female)
8 - 9	(Male/Female)
10 - 11	(Male/Female)
12 - 13	(Male/Female)
14 - 15	(Male/Female)
16 - 17	(Male/Female)
18 - 34	(Male/Female)
35 - 44	(Male/Female)
45 - UP	(Male/Female)

Restrictions:

Categories with less than five (5) competitors will be combined at tournament director's discretion. We have the option of separating categories based on the number of competitors, age and height.

***First Timers division is the competitors that HAVE NOT competed in any previous tournaments. We have all records in the system.**



TOURNAMENT RULES

KATA

- * Simultaneous execution for all categories except the Black Belt Advanced.
- * All Beg must perform Kihon Kata and can repeat the same Kata. **See NEW List** below.
- * All Nov. must perform Katas and can repeat the same Kata. **See NEW List** below.
- * All Intermediates cannot perform advanced Kata (refer to the list), can repeat same Kata in all the rounds.
- * All advanced level must perform two Katas: a different Kata in each round of the two. The Kata cannot be repeated Back-to-Back. It must be different than the Kata performed in the previous round. They can perform a different Kata in each round if desired.
- * If Int. / Adv. Combined, they can repeat the same kata in all the rounds.
- * **DO NOT** disqualify any Beg. /Nov. divisions under any circumstances. If any competitors in this category comes to a full stop, have them repeat the kata and when finished then proceed to Hantei.
- * Participation medals are **ONLY** for under 10 yrs old who did not place in Kata or Kumite.
- * First Timers, Beginner and Novice categories **will NOT have recharge.**
- * All Intermediate and Advanced categories will have recharge.
- * All categories will have two third place finalists in Kata.
- * Team Kata will be performed by 3 persons. It can be Male, Female or Mix
- * **CASH PRICES! For Advanced Category Men and Female KATA GOLD medalist Adults 18 - 34 YRS ONLY! \$150.00 each.**
- * **Minimum of 5 competitors in the category to receive Prize!**

KUMITE

- * Only licensed referees can function as the center referee or Kansa. No Video Review.
- * Only judges who has participated on local Seminars can work as corner judges.
- * Three-Judges system: Referees and Judges can indicate points, penalties and jogai, unless the referee says otherwise.
- * Five-Judges system: WKF Rules Apply 8-point ceiling. (Except Black Belts 8-points spread)
- * Fights last 1 minute for 7 years or younger for First Timers to Beginners. 8-point ceiling.
- * Fights last 1 ½ minutes for 8 years and UP for all Beginners, Novice to Intermediate. 8-point ceiling
- * Fights last 2 minutes for 12-13, 14-15 years of age for Advanced categories. 8-point ceiling.
- * Fights will last 3 minutes for all Advanced 16-17 years and Senior Male and Female categories. 8-point spread.
- * "Skin touch" to the face with hands is allowed for those 15-16 and over.
- * "Light touch" head kicks are permitted for 14-15 and over, but **NO CONTACT** to the head with hand techniques.
- * **NO CONTACT!** to the head with hand or kicks for Categories 13 and younger.
- * **ALL** competitors **must** wear shin pads and footies, gloves, mouthpiece and **groin cup (boys).**
- * In all categories, competitors are allowed to use White shin pads and footies, except Advanced. (Red and Blue)
- * No jewelry is permitted.
- * Headgear is optional for all categories.
- * F.Timers, Beginner and Novice categories **will NOT have recharge.**
- * All Intermediate and Advanced categories will have recharge.
- * All divisions will have two third place finalists in Kumite.
- * **CASH PRICES! For Advanced Category Men and Female ONLY, GOLD Kilo Adults 18 - 34 YRS! \$100.00 each.**

KATAS

Beginner and Novice Categories may perform only the katas as shown on the table below.

Intermediate Categories may perform only the katas as shown on the table below.

All Competitors will compete simultaneously in all Categories, except Black Belt Adults athletes.

Advanced Kata, Men and Female on the different ages, will be scored with flags.

APPENDIX 7: OFFICIAL KATA LIST – January 1, 2025

A List for (Beginners): 0-1 Year Experience.		A List for (Novice): 1-2 Year Experience.	
1. Gekisai Daichi		1. Fukyu Ichi	13. Pinan Shodan
2. Gekisai Daini		2. Fukyu Ni	14. Pinan Nidan
3. Fukyu Daichi		3. Fukyu San	15. Pinan Sandan
4. Fukyu Daini		4. Gekisai Daichi	16. Pinan Yondan
5. Heian Shodan		5. Gekisai Daini	17. Pinan Godan
6. Heian Nidan		6. Gekisai Dai San	18. Taikyoku
7. Junino		7. Heian Shodan	19. Ten No Kata
8. Kihon Kata		8. Heian Nidan	
9. Pinan Shodan		9. Heian Sandan	
10. Pinan Nidan		10. Heian Yondan	
11. Taikyoku		11. Heian Godan	
12. Ten No Kata		12. Junino	

A List for (Intermediate): 2-4 Year Experience.	
1. Ananku	28. Naifanchin Nidan
2. Arakaki Sochin	29. Naifanchin Sandan
3. Aoyagi	30. Naihanchi
4. Bassai	31. Nijushiho
5. Bassai Dai	32. Niseishi
6. Bassai Sho	33. Pachu
7. Chinte	34. Passai
8. Enpi	35. Rohai
9. Garyu	36. Saifa
10. Hangetsu / Seisan (Not Goju)	37. Sanchin
11. Hauffa (Haffa)	38. Sanseiru
12. Ishimine Bassai	39. Sanseru
13. Itosu Rohai Shodan	40. Seichin
14. Itosu Rohai Nidan	41. Seienchin (Seiyunchin)
15. Itosu Rohai Sandan	42. Seipai
16. Jiin	43. Seiryu
17. Jion	44. Shinpa
18. Jitte	45. Shinsei
19. Juroku	46. Shisochin
20. Kanku Dai	47. Tekki Shodan
21. Kousoukun Dai	48. Tekki Nidan
22. Kusanku (Only Wado Kata)	49. Tekki Sandan
23. Matsukaze	50. Tensho
24. Matsumura Rohai	51. Wankan
25. Meikyo	52. Wanshu
26. Myojo	53. Wanshin (Kobayashi)
27. Naifanchin Shodan	

APPENDIX 1: OFFICIAL KATA LIST

1	Anan	35	Jiin	69	Passai
2	Anan Dai	36	Jion	70	Pinan Shodan
3	Ananko	37	Jitte	71	Pinan Nidan
4	Aoyagi	38	Juroku	72	Pinan Sandan
5	Bassai	39	Kanchin	73	Pinan Yondan
6	Bassai Dai	40	Kanku Dai	74	Pinan Godan
7	Bassai Sho	41	Kanku Sho	75	Rohai
8	Chatanyara Kusanku	42	Kanshu	76	Saifa
9	Chibana No Kushanku	43	Kishimono No Kushanku	77	Sanchin
10	Chinte	44	Kousoukun	78	Sansai
11	Chinto	45	Kousoukun Dai	79	Sanseiru
12	Enpi	46	Kousoukun Sho	80	Sanseru
13	Fukyugata Ichi	47	Kururunfa	81	Seichin
14	Fukyugata Ni	48	Kusanku	82	Seienchin (Seiyunchin)
15	Gankaku	49	Kyan No Chinto	83	Seipai
16	Garyu	50	Kyan No Wanshu	84	Seiryu
17	Gekisai (Geksai) 1	51	Matsukaze	85	Seishan
18	Gekisai (Geksai) 2	52	Matsumura Bassai	86	Seisan (Sesan)
19	Gojushiho	53	Matsumura Rohai	87	Shiho Kousoukun
20	Gojushiho Dai	54	Meikyo	88	Shinpa
21	Gojushiho Sho	55	Myojo	89	Shinsei
22	Hakusho	56	Naifanchin Shodan	90	Shisochin
23	Hangetsu	57	Naifanchin Nidan	91	Sochin
24	Haufa (Haffa)	58	Naifanchin Sandan	92	Suparinpei
25	Heian Shodan	59	Naihanchi	93	Tekki Shodan
26	Heian Nidan	60	Nijushiho	94	Tekki Nidan
27	Heian Sandan	61	Nipaipo	95	Tekki Sandan
28	Heian Yondan	62	Niseishi	96	Tensho
29	Heian Godan	63	Ohan	97	Tomari Bassai
30	Heiku	64	Ohan Dai	98	Unshu
31	Ishimine Bassai	65	Oyadomari No Passai	99	Unsu
32	Itosu Rohai Shodan	66	Pachu	100	Useishi
33	Itosu Rohai Nidan	67	Paiku	101	Wankan
34	Itosu Rohai Sandan	68	Papuren	102	Wanshu

KUMITE

The Advanced divisions for Kumite will be separated based on Age and Weigh as follows:

ADVANCED KUMITE WEIGHT DIVISIONS		
AGE	FEMALE	MALE
12, 13	-47kg /+47 kg	-49kg /+49 kg
14, 15	-52kg /+52 kg	-58kg /+58 kg
16, 17	-58kg /+58 kg	-65kg / 65 kg
18, 34	-61 kg /+61 kg (CASH PRIZE)	-75 kg /+75 kg (CASH PRIZE)

If there are less than three competitors in some divisions, AKR will have the right to combine with other divisions, taken into consideration age and experience competing.

The Advanced divisions winners (1st Places), in all divisions for Kata and Kumite, will receive a beautiful Gold medal and a CASH Prize.

USA-NKF Modified Kumite Rules

All techniques to the face, head and neck must have absolute control. The referee panel will penalize the competitor if the hand or foot touches the face, head or neck according to the guideline as described below:

- 13 years old and younger: hand or foot techniques **Cannot** touch the face, head or neck
- 14-15 years old: ONLY controlled foot technique SKIN-TOUCH to the face, head or neck.
- 16 and older: hand and foot techniques SKIN-TOUCH to the face, head or neck

General Rules

Serious violations of conduct, discipline, or malicious behavior on or outside the competition area by the competitor, coach or anyone of his/her team may cause removal from the competition area and may include the complete team.